

Unique to New Zealand

New Zealand Greenshell™ mussels are sustainably grown and sourced from the naturally nutrient rich and pristine waters of New Zealand's Marlborough Sounds. Seasonal upwellings of nutrients from the vast Southern ocean flush into the Sounds waterways, combining with sunlight to produce a unique algae which the mussels feed on. Our product is grown by our own dedicated mussel farmers and is natural and organic.

Manuka Honey 5+ is collected from the nectar of the New Zealand Manuka tree [*Leptospermum scoparium*] on the hills and wilderness areas throughout New Zealand. Our 100% bioactive Manuka honey has a 5+ rating based on its elevated level of antibacterial activity unique to New Zealand's Manuka Honey.

Marlborough Sounds



Marlborough Sounds
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What makes Power 2 Heal™ Special

"Quality, peer-reviewed, published literature has shown that Greenshell™ mussel extract [*Perna canaliculus*] supports effective relief from the pain and inflammation associated with Osteoarthritis and Rheumatoid Arthritis."

"Studies and experience show patients suffering from arthritis reported less pain and joint stiffness along with improved joint mobility."

"Studies have also demonstrated that methylglyoxal, naturally present in New Zealand Manuka honey, has effective antibacterial activity, both through bacteriocidal effects, and inhibition of biofilm formation. Wound healing, including that of chronic leg ulcers, has been demonstrated to be enhanced by Manuka honey."

DR DAVID PORTER



DR DAVID PORTER

Specialist Rheumatologist and Physician
MB,ChB (Otago, 1992)
FRACP (2004)
Member of: NZRA (NZ Rheumatology Association)
ACR (American College of Rheumatology) and
ACP (American College of Physicians)
Active in Clinical Trials investigating new rheumatology drugs.

Power 2 Heal™ products are dedicated to providing effective natural health care products of the highest quality.



Marlborough Sounds, New Zealand.



New Zealand Greenshell Mussel™
+ Bioactive Manuka honey +5

UNIQUE 2 NEW ZEALAND



New Zealand's Greenshell Mussel™ and 100% bioactive Manuka Honey +5 capsules:

- Supports joint flexibility and mobility
- Supports inflammation relief from arthritis
- Antibacterial properties supporting good digestive health
- Naturally rich in Omega3
- Anti oxidants supporting anti ageing and wellbeing



Power 2 Heal™ is a combination of freeze dried Greenshell Mussel powder (90%) and freeze dried bioactive Manuka honey powder (10%).

It contains high anti-inflammatory activity, antibacterial and antioxidant qualities.

The Greenshell Mussel™ is rich in Omega 3 fatty acids and Bio active proteins, helping to support bone and joint structures. They also provide all major classes of Glycosaminoglycans (GAGS) which are the principal components of cartilage and the synovial fluid found in the joint. These GAGS provide flexibility, elasticity and tensile strength to the articular cartilage. The severity of arthritis is directly related to the loss of GAGS content with the joint and surrounding cartilage.

As a source of GAGS GlycOmega can provide chondrocytes with Chondroitin Sulphate and essential fatty acids which are critical for reversing the arthritic process. GAGS can also exert a strong anti-inflammatory action on the connective tissue.

Greenshell Mussels™ are a rich source of selenium, iron, vitaminB12 and iodine, and a good source of magnesium and calcium.

The Manuka Honey portion of the **Power 2 Heal™** is derived from the nectar of the flowers of New Zealand's native plant [*Leptospermum scoparium*]. Manuka Honey is the only 100% natural food in the world shown to have unique properties due to exceptionally high levels of the naturally occurring compound, methylglyoxal.

Manuka Honey contains a varying level of the enzyme Glucose Oxidase. This enzyme, which is introduced into the honey by the marvellous bees, slowly releases antiseptic Hydrogen Peroxide effectively into infection sites, in or on the body, killing harmful bacteria without damaging body tissue.

Manuka Honey has a healing ability or anti bacterial "activity" that is truly exceptional because not only does this special Manuka contain Hydrogen Peroxide activity in good stable levels but also a "non peroxide" activity additional to and above or stronger than the Hydrogen peroxide.

Manuka Honey aids in eliminating sore throat symptoms and helps with internal stomach ulcer type conditions. For Helicobacter pylori bacteria, the cause of stomach ulcers, scientific studies have shown Active Manuka Honey inhibits the bacterias growth.